



ELEMENTS OF YOUR FAMILY-FRIENDS RECONCILIATION DINNER KIT

E. MANDESSI BELL

AMONG THE ELEMENTS OF THE TABLE OF CONTENTS

FOOD FOR THOUGHT. CONSIDERATIONS ON CONFLICTS

AMONG THESE REASONS, WHICH ONE PREVENTS YOU FROM
GOING AHEAD / FROM CHANGING ?

TIME FOR TRUTH. SCAN YOUR RELATIONSHIP WITH AN IMPOR-
TANT PERSON TO YOU ! (family member or friend)

YOU WANT TO IMPROVE AN ON-GOING RELATIONSHIP YOU ARE
NOT SATISFIED WITH : YOUR PLAN OF ACTION

TEMPLATE OF SPEECH IN THE FRAMEWORK OF A FAMILY/
FRIENDS GATHERING TO CELEBRATE A RECONCILIATION

SUMMARY ON THE MAIN FACETS OF THE SOWING LAW

CONCLUSION
